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FOCUS ON FAMINE

'We just want the world to know they can help save lives.'

- Hassan Ibrahim

metroNEWS

ON AN UPWARD CYCLE

HALEY RITCHIE/METRO

Group thinks Ottawa can be Canada's best biking burgh by 2025

metroNEWS

OTTAWA-VANIER BYELECTION

Meet the candidates vying for late Liberal MP Mauril Bélanger's seat

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LOOSE CHANGE

Giant Canadian coin — worth millions — stolen from museum

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metro NEWS
Your essential daily news

Bill Steele, of Oshawa, Ont. has bought a 15-cell New Brunswick jail and plans to retire there.

Byelection showdown

POLITICS

Ottawa-Vanier residents get ready to vote to fill federal seat

Ryan Tumilty
Metro | Ottawa

Voters will go to the polls in Ottawa-Vanier again next week to select a new MP for a riding that has only ever been Liberal.

The riding will have a federal byelection just a few months after it had a provincial one. Long time Liberal MP Mauril Bélanger passed away last year requiring the byelection.

The riding has been in Liberal hands since it came into existence and previous iterations of the riding were also in Grit hands dating all the way back to 1887.

Here's a look at who's running for the vacant seat.

Adrian Papara — Conservative

CONTRIBUTED

Why are you running?

For me, it just felt like it was very stagnant. Not a lot of stuff was happening and when I finished an MBA at the University of Ottawa and was looking for jobs and none of the jobs were happening here in Ottawa Vanier.

I had to move closer to be downtown and had to move closer to where the jobs are. I feel the Liberals take it for granted that we are an easy win and I think a lot of people feel like we are forgotten. I want to be able to bring some local jobs here and the important thing for me is for young people to be able to afford their first home.

What is the big issue in the riding?

Job creation is definitely a big issue. People between 15 and 24, the unemployment rate across Canada for them is 14 per cent.

I feel a lot of students are being let down by the Liberal government. They are spending all this money to go to school and they are seeing they don't have anything lined up.

Emilie Taman — New Democrat

CONTRIBUTED

Why are you running?

I ran as a candidate in 2015 in the last election and at the time it had a lot to do with the Conservative government's policies.

When I was considering whether to run this time around, what I found was that we hadn't seen the kind of change we had been promised and I thought I saw a real opportunity to work with the opposition, the progressive opposition, who I saw doing a lot of good work trying to keep the government to its promises.

What is the big issue in the riding?

I am hearing from a lot of people who are disappointed in what they have seen so far from the Liberals. As you can imagine, the issue of electoral reform has come up a lot, more than I expected to be honest.

People just saw that as such a cynical move on the prime minister's part and I think for a lot of people it has called into question the overall approach the government was taking.

Mona Fortier — Liberal

CONTRIBUTED

Why are you running?

Public service is very important to me and after getting involved in my community for more than 20 years and working as a businesswoman, I decided to run because I want to represent the interests and the needs of Ottawa-Vanier residents.

What is the big issue in the riding?

I have been knocking and canvassing on many doors talking with the residents in Ottawa-Vanier and as you know it is a very diverse community. I have mostly been hearing about the need for more jobs in Ottawa Vanier and also help with affordable housing.

WHEN TO CAST YOUR BALLOT

Polls will be open in the riding on Monday from 9:30 a.m. to 9:30 p.m. The last advance polls were yesterday.

Also in the race are:

- **Damien Wilson – Libertarian Party**
- **Nira Dookeran – Green Party**
- **Christina Wilson – Independent**
- **John "The Engineer" Turmel**

REPORT

B-minus for Canadian democracy

Canada's democracy has a grade it can take home to mom and dad now, but it hasn't joined the honour roll according to a new independent report.

Samara Canada's report card on democracy was issued Tuesday, giving the country a B-, up from a C the country got in 2015.

Samara put the grade together based on metrics like voter turnout, people's involvement in political events, membership in parties and political engagement.

Jane Hilderman, the group's executive director, said it's good to see the improvement but there is more work to be done.

"The grade last time was not one that anyone would be thrilled to bring home, a B minus is not great," she said.

Among the areas where Canadians are more engaged is voting, with turnout reaching 68 per cent in 2015.

Canadians across demographic breakdowns all turned out more, but younger people really showed up. With voter turnout in the 18-24 range jumping 18 points to 57 per cent between the 2011 and 2015 contests and turnout in the 25 to 34 age group jumping 12 points to 57 per cent.

While many of the numbers are positive, few Canadians are involved in political parties and few donate or participate in elections. Hilderman said they hope that Canadians will see there are other ways to be involved.

"This is where Canadian don't realize that they have an opportunity to participate other than at the ballot box."

RYAN TUMILTY/METRO

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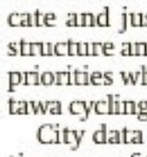
Positive spin on cycling report

INFRASTRUCTURE

Bike Ottawa sees progress and growth in use of paths



Haley Ritchie
Metro | Ottawa

Bike Ottawa's optimistic annual report is thinking both big and green, with a look at future projects that could position the capital as the best biking burgh in Canada.

The annual report, which is produced by volunteers, takes a broad look at big infrastructure projects, cycling data and the group's recommendations for the next 12 months.

Gareth Davies, president of the organization, said the focus on data in the report — including City of Ottawa collected rates of usage as well as citizen-reported trip data — is meant to motivate new projects and funding.

"We want to show the city where people are riding and the volumes that would indicate and justify cycling infrastructure and help us align our priorities when we redo the Ottawa cycling plan," said Davies.

City data tracking summertime use of the multi-use pathways along the canal, Alexandra Bridge and river path, for example, show a major increase in traffic since 2010. Davies calls the increase evidence of a tipping point with more room to grow.

The Bike Ottawa vision is to have the city competing to be the best cycling city in Canada by 2025.

The generous funding commitments in 2016 from all three levels of government — for projects like the Fifth-Clegg Street bridge and new cycle tracks — will push that goal forward, according to the report.

"We have enough in hand to compete if the current level of funding is sustained and if we spend it smartly," said Davies. "We have the best bones in Canada because we're the (capital)."

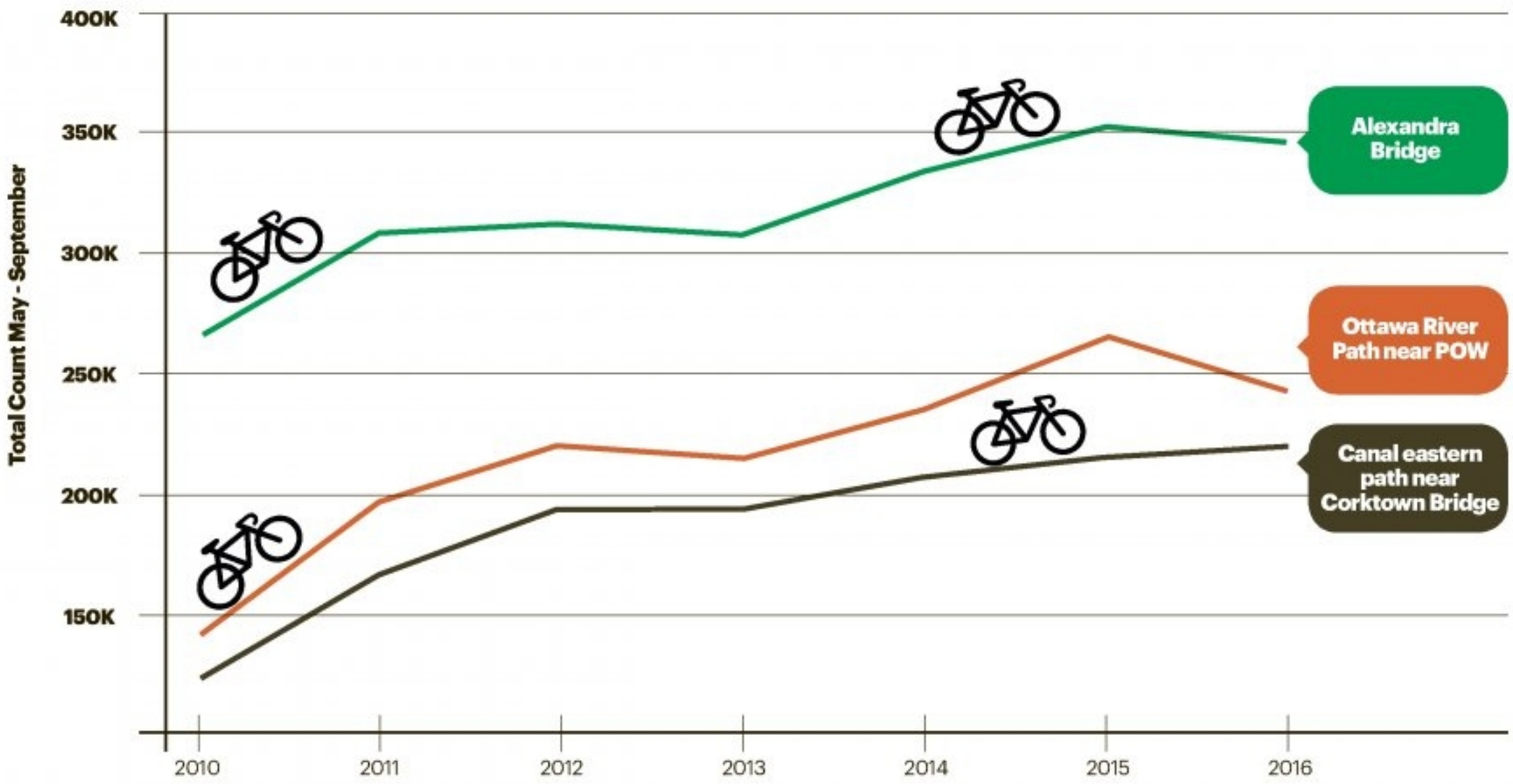
Four out of the group's 10 recommendations for 2017 focus on making Ottawa more friendly for winter cyclists by clearing paths and keeping OC Transpo's "rack and roll" program all year.

While the data indicates the number of winter cyclists is much lower than summer cyclists, Davies predicts that would change quickly if the routes were better maintained.

"As an active city and a winter city, we think there is a demand," he said. "With a better-cleared and well-publicized network, there will be others riding as well."

BY THE NUMBERS | More people gearing up to use bike paths

Data from Bike Ottawa's annual report shows a general upwards trend in bike use on designated bike paths, including the Alexandra Bridge, the Ottawa River Path and the Canal eastern path near Corktown Bridge.



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EDUCATION

NDP leadership hopefuls appeal to students with free tuition idea

Ryan Tumilty
Metro | Ottawa

University students could be given a significant reason to vote NDP in the next campaign, with three of four leadership hopefuls advocating for the elimination of tuition fees.

The candidates met in Montreal Sunday for the second of seven debates the party is holding in advance of a leadership vote in October.

MPs Charlie Angus, Niki Ashton and Peter Julian have all come out in favour of ending tuition fees as part of their proposal. In previous elections, political parties have campaigned on more student support or on reducing or freezing fees, but ending fees has not been part of a major party platform previously.

Ontario has moved to eliminate tuition for low-income students, but only by using grants and loans to offset the fees.

Ashton, said the cost of an education has skyrocketed so much, it just makes sense now.

"The conversation around access has become louder and bolder over the last number of years, because the cost of an education has gone up so significantly," she said.

The change is necessary not just for students Ashton argues, but for the economy more broadly to stay globally competitive.

"Today, 70 per cent of jobs in Canada require a post-secondary education and yet we have the most indebted generation coming up," she said.

She said other countries around the world have made this change.

Guy Caron, the only candidate in the race not to back this pledge, is instead promising a basic income guarantee. He said free tuition only helps if that is the only barrier to students.

"You need to also pay your rent and also pay for food, books and any other expenses," he said.

He said he federal government also doesn't control post-secondary education meaning any free-tuition proposal would have to be worked out. He argues a basic income is a better solution.

"It doesn't require negotiation with the provinces and it provides more support as well."

New book spells out city's charm

LITERATURE

ABC of Ottawa author hopes kids will learn about capital

Ryan Tumilty
Metro | Ottawa

P is for Peace tower in the new children's book the ABC's of Ottawa. The book aims to educate kids on the history of the capital. CONTRIBUTED

O is for Ottawa and for O-Train in a new children's book that aims to get little minds reading and learning about the city they call home.

An ABC of Ottawa is in stores now and is a basic reader book for young minds that matches Ottawa to its landmarks.

Author Miriam Bloom said it's something she always wanted to do. "I have always had a life long dream about doing a Children's books and I worked for many years as a graphic designer," she said.

Bloom combined her efforts with a friend Julie Mason, who did much of the writing and photography for the project.

The pair began the work in 2009, but tragically Mason passed away after a battle with cancer. Bloom said it felt like it was time to finish the project and she's delighted to now have it on store shelves.

"It's wonderful to see a finished product." The book features landmarks around the city each corresponding to a letter of the alphabet for young readers or some special about the city's history.

"It's a quirky ABC book, it's not A is for Apple, it's A is for Astrolab, which helped Samuel De Champlain find his way to Ottawa." She said in addition to helping kids read people will be able to go to the spots in the book. W is for waterfalls as an example encouraging families to head to the Hog's Back falls.

> It's a quirky ABC book, it's not A is for Apple, it's A is for Astrolab.
> Author Miriam Bloom

"The book has the added dimension of having the kids learn the letters, do some reading or have it read to and then I hope parents and teachers may take their kids," she said.

"Some of the museums are featured so, D is for Dinosaur and we have the dinosaurs at the Nature Museum."

Bloom said while there are plenty of books helping kids get through their ABC's this one has that added special dimension.

"There has never been a Children's ABC book written about Ottawa, so it has the added advantage of being the first ever."

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Emissions target elusive

ENVIRONMENT CANADA

Report says we are on pace to miss reduction target for 2030

Environment Canada is projecting that, based on policies in place last November, the country was on pace to miss its reduction target for greenhouse gas emissions by 2030, pumping out at least 30 per cent more than promised that year.

The projections, which were compiled in February and published online this month, are not a forecast of how emissions will change in the coming years. The report describes the projections more as an educated guess based on policies in place as of Nov. 1, 2016.

The projections don't factor in technological and regulatory changes after that day, for example, and are "most appropriately viewed as a range of plausible outcomes," the report says.

The biggest development since Nov. 1 is the unveiling of the Pan-Canadian Framework on Clean Growth and Climate Change, a federal-provincial deal to cut emissions that was inked last December.

The Syncrude oilsands plant, north of Fort McMurray, Alta., in 2009. **Environment Canada says oil prices and economic growth are some of the factors that will impact Canada's greenhouse gas emissions.** MARK RALSTON/AFP/GETTY IMAGES FILE

Erin Flanagan, director of federal policy for the Pembina Institute, said the report is nonetheless a "red flag," as it underlines how the government must remain vigilant and committed to cutting emissions that contribute to climate change.

"It is a constant reminder that our job is not done," Flanagan said.

"Politicians have an unhelpful habit of announcing plans and thinking that the announcement means they can transition to other priorities. We need to see constant engagement from the federal government, and from the provinces and territories."

According to the Environment Canada projections based on policies as of Nov. 1, Canada will emit between 697 megatonnes and 790 megatonnes of greenhouse gases in 2030, depending on a range of factors that include oil prices and the rate of economic growth.

> **It is a constant reminder that our job is not done.**
> Erin Flanagan

Canada's goal under the Liberal government is to cut emissions to 523 megatonnes in 2030 — a reduction of 30 per cent below 2005 levels.

Mélanie Quesnel, a spokesperson for Environment and Climate Change Canada, said in an email Monday that the projections in the report don't include the accelerated phase-out of coal by 2030, which was announced in late November. She said the projections also only feature estimated reductions under existing provincial carbon pricing regimes in B.C., Alberta, Ontario and Quebec.

The Liberal government has vowed to bring carbon pricing regimes to all provinces by 2018. TORSTAR NEWS SERVICE

GERMANY

Gold coin pinched

A massive gold coin issued by the Royal Canadian Mint has been stolen from a museum in Germany.

Police in Berlin say thieves broke into the German capital's Bode Museum before dawn Monday and made off with the 100-kilogram gold coin worth millions of dollars.

The "Big Maple Leaf" coin.

The "Big Maple Leaf" coin, which is three centimetres thick with a diameter of 53 centimetres, has a portrait of the Queen on one side and maple leaves on the other.

The museum, which has one of the largest coin collections in the world, said on its website that coin has been on loan in its numismatic collection since 2010.

It was issued by the Royal Canadian Mint in 2007 and it is in the Guinness Book of Records for its purity of 999.99/1000 gold.

Royal Canadian Mint spokesman Alex Reeves says the coin does not belong to the mint and the owner is unknown.

He said it has a face value of $1 million, but by weight alone it would be worth almost $4.5 million US at market prices.

THE CANADIAN PRESS

150 WAYS of looking at Canada

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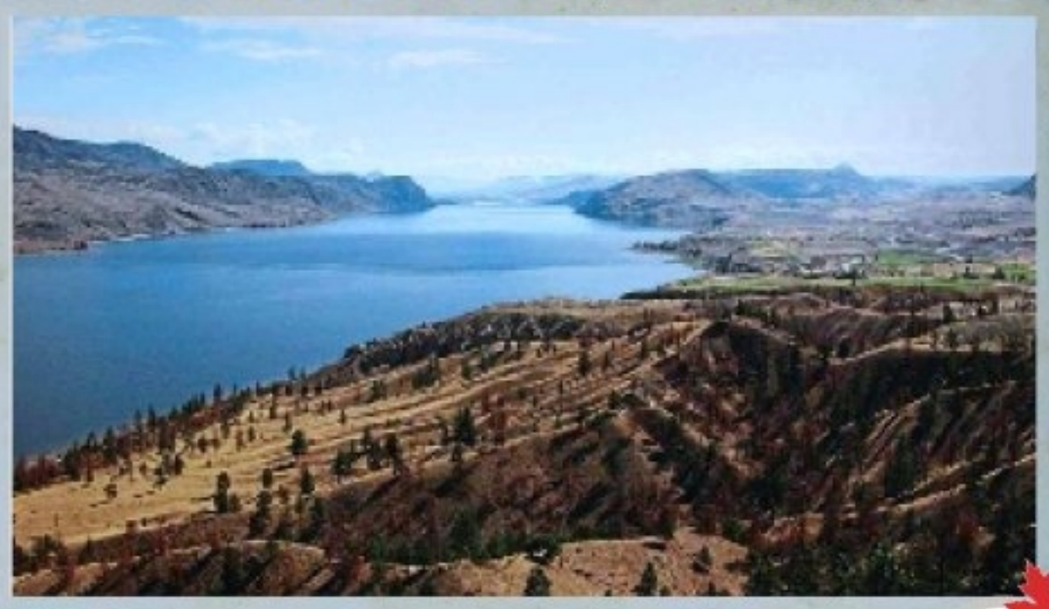

I DISCOVERED MY FAVOURITE PLACE ACCIDENTLY WHILE PULLING OVER AT A REST STOP. WANTING TO EXPLORE THE AREA, I COULDN'T BELIEVE WHAT I SAW HIDDEN BEHIND SOME TREES: THE MOST AMAZING POSTCARD VIEW OF KAMLOOPS LAKE, 10 MINUTES EAST OF SAVONA, B.C. **WIL WONG**

SEND US YOUR POSTCARD

Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at **scene@metronews.ca** or post to Instagram or Twitter with the hashtag **#150postcards**.

LEGISLATION

Government still undecided on how best to tax legal pot

The Trudeau government is still wrestling with how to tax recreational pot, even as it indicates it's poised to introduce long-awaited legalization legislation next month in advance of April 20 — the "Weed Day" popularly known as 4/20.

Finance Minister Bill Morneau said Monday that the feds "haven't made enough progress" in terms of taxing marijuana and several other issues related to legalizing the drug.

The focus has instead been on making sure weed stays out of the hands of children and criminals, Morneau said during a news conference in Calgary.

"Those are our two key goals as we move forward," he said.

"The issue around taxation, any of those issues, are very subsidiary to those first two goals, and we've not yet gotten to conclusions on those sort of aspects at this time."

News of the pending legislation — the timing of which, media reports suggest, means recreational pot would be fully legal by July 1, 2018 — pushed up share prices Monday for the country's large marijuana producers.

Finance Minister Bill Morneau THE CANADIAN PRESS

Shares of Canopy Growth Corp. closed 11 per cent higher after gaining $1.10 to $10.98 on the Toronto Stock Exchange. Aphria finished 8.39 per cent higher at $6.72 per share, a gain of 52 cents.

Yet Morneau's comments suggest at least one key issue remains far from resolved, despite the fact multiple government sources confirmed Monday that the government plans to introduce the bill during the week of April 10.

And the timing has at least one critic suggesting the Liberal government is more interested in placating marijuana users, who famously gather around the world each April 20 — including on Parliament Hill — to indulge in their favourite strain and flout the law in jurisdictions where it's illegal.

"This is a totally arbitrary timeline," said Conservative health critic Colin Carrie.

"(Prime Minister Justin Trudeau) is more interested in pandering to the marijuana users than doing his job and looking after the health and safety of Canadians."

THE CANADIAN PRESS

FOCUS ON FAMINE

DAY 2: Somalia

The UN World Food Program warned the situation could mirror the 2011 crisis that killed about 260,000 in the Horn of Africa. THE ASSOCIATED PRESS

'Just heartbreaking'

Drought and armed conflict have left much of Somalia grappling with starvation

Gilbert Ngabo
Metro | Toronto

The story still gives Hassan Ibrahim nightmares.

Earlier this year, a woman and her three young children left Somalia's northeastern region of Garoowe, one of the areas hit hardest by the ongoing drought. They walked 10 days to Mogadishu, the capital city where many non-profit organizations have been assisting thousands of Somalis. By the time she reached it, all three of her children had starved to death on the way.

"Just heartbreaking," said Ibrahim, originally from northern Somalia but a resident of Canada for more than 20 years.

"It's very shameful that people are dying of hunger in 2017. There's just too much wealth in the world, and this famine situation could have been easily prevented."

Somalia is one of four countries currently stricken by famine, a result of both long drought and the ongoing conflict with terrorist rebels Al Shabab. By the end of last month, more than 250,000 people had left their rural homes to join settlements in urban areas or cross the border into neighbouring countries.

The UN World Food Program, one of many groups providing assistance on the ground, warned the current situation could mirror the 2011 crisis, when a full-blown famine in the Horn of Africa killed about 260,000 people.

Members of the Somali Canadian Task Force on Famine Prevention in Somalia have teamed up with Islamic Relief Canada to raise funds that will help buy food. CONTRIBUTED

Members of the Somali Canadian Task Force on Famine Prevention in Somalia have teamed up with Islamic Relief Canada to raise funds that will help buy food supplies for people affected by famine.

But Ibrahim, 42, fears it could get worse, especially since signs of hunger are now spread all over the country.

"People are losing 500 or 600 heads of camels and sheep and cows," he said, noting the country mostly subsists on the cattle industry. "This is the worst we've seen in our lifetime."

Ibrahim and other Somali Canadians are leading fundraising efforts across the country. Last month, the newly formed Task Force on Famine Prevention in Somalia sent a letter to Justin Trudeau asking him to do more.

"We just want the world to know they can help save lives," he said.

HOW YOU CAN HELP

Somali-Canadians across the country and many other NGOs are leading efforts to assist those affected by famine in Somalia:

- **Somali Canadian Task Force on Famine Prevention in Somalia:** Formed last month as a response to the ongoing famine, the group has raised over $300,000 through Islamic Relief Canada. More info at islamicreliefcanada.org
- **Horn of Africa Development Assistance:** The Ottawa-based non-profit runs development projects in Somalia aimed at fighting poverty and building capacity. To get involved or donate, visit hada.ca

ABOUT THIS SERIES

Metro is chronicling the story through the lens of immigrants from the affected countries, with a focus on how people can get involved.

Monday Vicky Mochama on how Canada can step up its interventions.

Tuesday Focus on Somalia, and how this could be worse than 2011.

Wednesday Yemen, and the role of war in the ongoing famine.

Thursday The situation in South Sudan, the world's youngest country.

Friday Nigeria, with views from diaspora members and a local expat

BY THE NUMBERS | SOMALIA

1 in 2
Somalia has a population of 12.3 million. Of its entire population, nearly **6.2 million people are food insecure**

363,000
children under five are acutely malnourished

$283.7 million / **$863.5 million**
Total funds raised to avert the famine crisis / Total funds needed

SOURCE: UN OFFICE FOR THE COORDINATION OF HUMANITARIAN AFFAIRS

SOURCE: FAMINE EARLY WARNING SYSTEMS NETWORK

Man's motive still a mystery

LONDON ATTACK

'No evidence' that Khalid Masood had link to Daesh

Police have found no evidence that the man who killed four people in London last week was associated with the Islamic State group or al-Qaida (a.k.a. Daesh), a senior British counterterrorism officer said Monday.

Deputy Assistant Commissioner Neil Basu of the Metropolitan Police said Westminster attacker Khalid Masood clearly had "an interest in jihad," but police have no indication he discussed his attack plans with others.

Basu, who also serves as Britain's senior national coordinator for counterterrorism policing, said last Wednesday's attack — in which Masood ran down pedestrians on London's Westminster Bridge before fatally stabbing a policeman guarding Parliament — "appears to be based on low-sophistication, low-tech, low-cost techniques copied from other attacks."

Masood, 52, was shot dead by police after his deadly rampage, which police have revealed lasted just 82 seconds.

Police believe Masood — a Briton with convictions for violence who had spent several years in Saudi Arabia — acted alone, but are trying to determine whether others helped inspire or direct his actions.

Detectives on Monday continued to question a 30-year-old man arrested Sunday and a 58-year-old man arrested shortly after Wednesday's attack. Both were detained in the central England city of Birmingham, where Masood had recently lived.

Masood was born Adrian Elms, but changed his name in 2005, suggesting a conversion to Islam. Basu said there was no sign Masood was radicalized during one of his stints in prison, the last of which was in 2003. THE ASSOCIATED PRESS

HONG KONG ESCALATOR ACCIDENT SENDS PASSENGERS HURTLING

Video footage shot by witnesses showed that an upwards escalator at Mong Kok mall in Hong Kong suddenly reversed and went downward at an obviously higher speed, causing dozens of passengers to lose their balance and tumble down. "It was so sudden that people couldn't respond in time ... more than 10 people piled up near the base of the escalator," shopper Lau Kit-ying Lau told the South China Morning Post. The escalator reportedly passed a safety inspection just last week. TORSTAR NEWS SERVICE/SCREENGRAB

AIRLINE

Leggings allowed: United

United Airlines says regular-paying flyers are welcome to wear leggings aboard its flights, even though two teenage girls were barred by a gate agent from boarding a flight from Denver to Minneapolis because of their attire.

An airline spokesman said that the girls were travelling Sunday under an employee travel pass that includes a dress code. The move sparked a wave of online criticism against United. Comedian Sarah Silverman tweeted that she would change her United flight bookings to other airlines for a tour next month because of the leggings issue.

Chicago-based United sought to clarify its stance in a post on its website late Sunday titled, "To our customers ... your leggings are welcome!"

The post says employees are "regularly reminded" about its dress code.

One of United's competitors, Delta, had some fun with the controversy Monday, tweeting: "Flying Delta means comfort. (That means you can wear your leggings.)" THE ASSOCIATED PRESS

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ANIMAL WELFARE

Cramped cages for hens to be phased out over 15 years

The Canadian Federation of Humane Societies says a new code of practice for egg farmers will help reduce the extreme stress suffered by egg-laying hens and give consumers some assurance about the term "cage-free."

The National Farm Animal Care Council code released Monday calls for producers to phase out the use of small, cramped cages for hens over the next 15 years and sets new care standards for the birds.

Ninety per cent of egg-laying hens live in cramped cages, but the code will help egg farmers make the transition to more humane practices, federation president Barbara Cartwright said.

"The phase-out of barren battery cages is a huge win for Canada's hens," she said. "The timeline is much longer than we consider acceptable, but it doesn't diminish how meaningful a change this is."

Some 17,000 hens and one rooster at Pelissero's egg farm in West Lincoln, Ont., live in new enriched colony housing cages that may be the envy of others in Canada. THE CANADIAN PRESS

Battery cages are so small that hens can't walk or spread their wings for their entire lives. No more of these cages are to be built in Canada as of Saturday.

The new code says at least 85 per cent of hens should be housed in larger enclosures known as "enriched cages" or should be "cage-free" by 2031. Producers who can't meet that target have another five years to meet the standard, but must give hens more and better living space in the meantime.

The code also spells out standards of care to ensure that hens can perch and forage for food, have boxes to nest in and better care if they become sick or hurt.

Geoff Urton, who helped negotiate the changes on behalf of the federation, said without the new code the term "cage-free" that some consumers look for when buying eggs could be meaningless.

He said some of the guidelines are among the most progressive in the world.

"It is probably the most significant animal welfare achievement, influencing the greatest number of animals, that Canada has ever had."

The federation expects that half of egg-laying hens will be in cage-free barns within eight years. Roger Pelissero, chairman of Egg Farmers of Canada, said the transition will be a challenge for some of the organization's 1,000 regulated farmers as they look at upgrading their equipment.

Pelissero said the transition's speed will partly depend on demand for eggs and the price consumers are willing to pay.

"Cage-free eggs will cost more money because it does cost more to produce that egg in that system," said Pelissero, who has an egg farm near St. Ann's, Ont.

THE CANADIAN PRESS

What it means

The Canadian Federation of Humane Societies says consumers want information about how the eggs they buy are raised, including the living conditions of egg-laying hens. Here are some terms:

- **Free Range:** Hens live in a cage-free environment and have regular access to outdoors for foraging, dust bathing and time in the sun.
- **Free Run/Cage-Free:** Hens live in a cage-free environment indoors but do not have access to the outdoors or natural sunlight.
- **Enriched-Cages:** Hens live in group cages about the size of a broadsheet newspaper with nests, perches and foraging space.
- **Battery Cages:** Hens live in cramped wire cages the size of a magazine page. Crowding prevents them from walking or spreading their wings for their entire lives. This causes extreme stress.
- Most hens lay about 320 eggs per year — about 16 times the natural laying cycle.

SOURCE: CANADIAN FEDERATION OF HUMANE SOCIETIES

NEW YORK CITY

Fearless Girl statue to stay a while longer

The statue of a young girl staring down Wall Street's famed Charging Bull will remain in place through February 2018 instead of being removed this coming Sunday, the mayor of New York said. Mayor Bill de Blasio appeared with the Fearless Girl statue on Monday on the lower Manhattan traffic meridian where the two bronze figures face each other.

The four-foot, 250-pound ponytailed girl was installed this month to highlight the dearth of women on corporate boards as she stands strong against the 11-foot-tall, 7,100-pound bull. The girl became an instant tourist draw and Internet sensation.

On Monday, U.S. Rep. Carolyn Maloney led a group of prominent women in front of City Hall to honour the artist, Kristen Visbal, and State Street Global Advisors, the firm that commissioned the work.

The bull, created by Arturo Di Modica, arrived after the 1987 stock market crash as a symbol of Americans' financial resilience and can-do spirit.

THE ASSOCIATED PRESS

The Charging Bull and Fearless Girl statues face each other on Lower Broadway in New York. THE ASSOCIATED PRESS

LEGISLATION

Elevator bill getting lift from both sides

A private member's bill that aims to tackle the problem of unreliable elevators appears to have gained some traction on both sides of the aisle as the proposed Ontario legislation heads toward its first debate.

Both Consumer Services Minister Tracy MacCharles and Opposition Leader Patrick Brown praised the initiative.

The bill by Liberal government backbencher Han Dong, introduced last week and slated for debate April 13, has two main sections: One aims to set time limits for getting broken elevators back in service — 14 days for most buildings, seven for retirement homes and long-term-care facilities — and involves changes to the Consumer Protection Act. The second part calls for changes to the provincial building code to mandate elevator-traffic studies for new high-rise buildings.

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metro CITIES
Your essential urban intelligence

BLUEPRINT by Sarah-Joyce Battersby

A whole solution in half a house

Forget giving it 110 per cent — when it comes to affordable housing, 50 per cent gets the job done. Build half a house. That's Chilean architect Alejandro Aravena's plan to tackle the global housing shortage. Dubbed 'incrementality,' the plan has earned Aravena international acclaim. **Metro asked Michael McClelland, founding partner of ERA Architects, if it could happen here.**

ELEMENTAL

1 Guidance required Half-houses already built in Mexico and Chile feature a full frame and a line down the middle. One half is a fully functioning home. The other is empty space the new owners can fill as they wish. The design cuts costs and creates pride of ownership for residents.

2 The right tenant Nothing inherent in the plan would stop Canadians from trying it, said McClelland, but it could be more suitable for particular tenants. He envisions affordable live-work spaces, with housing completed by pros and the workspace handed over to artists.

3 Location, location, location Plunking a subdivision of half-houses into dense urban areas isn't likely, said McClelland, but large areas slated for development are an ideal canvas.

4 After the War Amateur house-building kits were popular after the Second World War, when housing needed to go up fast. To that end, Aravena's firm released drawings for four of its low-cost designs for free download by others wanting to emulate the project.

5 Now's the time The federal budget released last week included $11.2 billion for housing initiatives over 11 years. That means it's the perfect time to start dreaming up big, bold ideas, McClelland said.

WORD ON THE STREET by David Hains

Five simple steps to build a happy city

Charles Montgomery
TORSTAR NEWS SERVICE

For urbanist author Charles Montgomery, the overriding goal of city planning is clear: Make people happy.

Montgomery, the author of the 2013 book Happy City, had this revelation when he learned about Enrique Penalosa, the former mayor of Bogotá, Colombia, who dedicated himself not to increasing the Colombian capital's GDP or reducing crime, but to increase residents' happiness.

Earlier this month, Canada ranked seventh of 154 countries on the UN's World Happiness Report: Not bad, but still our lowest score ever. Canadian cities could be happier. We asked Montgomery how.

Experiment

Montgomery said cities should try new ideas and measure what works. "The city is a laboratory," he said.

Understand what makes happiness

Some of the metrics behind happiness, like GDP per capita and life expectancy, are predictable. But others aren't as obvious, including generosity, trust and the freedom to make life choices. Montgomery said these elements are critical to building a happy city, and the greatest contributor to unhappiness is low social trust.

People want to live in happy cities

If you ask people where they would like to live, there's a good chance they'll describe a happy city, where there's the freedom to walk to work or shopping, and spaces to interact with neighbours and be close to nature.

Authentic spaces

Montgomery said the best public spaces for happiness are non-corporate and comforting. He cites a Portland, Ore. neighbourhood that transformed an intersection into a public piazza. "There was a blast radius of happiness around there," he said.

Power to the people

In order to enable more of these happy spaces, Montgomery said people should feel empowered to shape their city. "Most of us never get a chance to co-create our lives in cities," he observed. But we'd be happier if we did.

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PUBLIC WORKS
The week in urbanism

GODZILLA VS. CARS
An urban designer slash comic-maker is highlighting the perils of being a pedestrian in Delhi (where 17 people die in traffic accidents every hour). In one of his short animations, people tower over the city, flicking away cars.

BEING JANE JACOBS
Have you ever wanted to take down the Godzilla of urban planning, New York's highway-loving Robert Moses? With the free mapping tool Un-Moses, you can. Built by Jeff Sisson, the tool removes urban highways from your city of choice to reveal all the opportunities that lie beneath.

URBAN DICTIONARY

DEFINITION
Placemaking has become increasingly popular since the 1960s, and refers to a process and philosophy for making good public spaces. It's all about "strengthening the connection between people and the places they share," according to Cities for People.

USE IT IN A SENTENCE
When the public square was re-purposed for a concert and public art done by kids, it was **placemaking** in action.

CITY CHAMP
Vancouver-based **Melissa Bruntlett** and her partner sold their family car in 2010 and soon after launched Modacity, a website and consulting firm promoting cycling, walking and public transit. She also pens a #WomenInUrbanism series. **@mbruntlett**

metro LIFE

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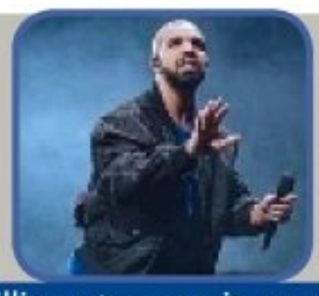

Drake's More Life breaks record with 385 million streams in one week

A taste of Indigenous culture

FOOD

Chefs aim to raise awareness of traditional native foods

Tina Ottereyes manages Tea-N-Bannock, where the menu reflects different First Nations groups. A sample of a meal shared on Instagram: soup, bannock and wild salad (top right). Another eatery, NishDish, serves Anishinaabe cuisine such as gluten-free corn cake with blueberry coulis (below right). RANK GUNN/THE CANADIAN PRESS; INSTAGRAM

Canadian cuisine might include a mix of culinary traditions, but the food of one of the country's founding groups is largely missing. An emerging group of indigenous chefs and restaurateurs hope to change that.

Rich Francis, chef-owner of Seventh Fire Hospitality Group in Saskatoon, says he's "cooking for reconciliation" as he specializes in his interpretation of modern indigenous cuisine.

"Everything that's been taught in school is through a colonial lens. It's not our story. It's colonial books, so now I'm stepping into a time where we are telling our own stories through our own lens and our own vision."

Francis, a member of the Tetlit Gwich'in and Tuscarora Nation and originally from Fort McPherson, N.W.T., was a finalist on Top Chef Canada and is opening a restaurant this summer.

Meanwhile, he's catering and conducting events like a recent Cooking for Reconciliation dinner series in Vancouver, where he focused on local indigenous foods such as halibut, razor clams, and stone fruits.

Lenore Newman, a B.C. professor with a Canada Research Chair in food security and environment, says the country is seeing a resurgence in indigenous food "and a very timely one that needs to happen."

"I think there is still serious reparation to be made, though."

During work for her recent book, Speaking in Cod Tongues: A Canadian Culinary Journey, Newman learned of indigenous groups' huge role in helping early settlers survive.

"Then you enter this horrible period where indigenous cuisine was actively destroyed and used as a weapon. The biggest example is the clearing of the bison and how that was basically a genocide," says Newman.

"Out here on the West Coast the potlatch was banned. In residential schools, people were taken away from their indigenous foods. They were prevented from using them or talking about them.

"We have a lot of reckoning to do and some of that is culinary. And so what that meant was for a very long time you didn't hear about indigenous cuisine except very peripherally as kind of exotic."

Tina Ottereyes, who manages Tea-N-Bannock, agrees First Nations food is "very underrepresented" in Canada's restaurant sphere and is happy more eateries are opening.

> **You won't find any of this stuff in history books or cookbooks.**
> Rich Francis

"We're starting to share more of our culture and more of our food," says Ottereyes, from Wemindji Cree First Nation on James Bay in Quebec.

"When I grew up we hunted and we trapped and we fished. That was my culture, that was the food that I ate.... Each tribe has a different diet according to their area."

The menu at Tea-N-Bannock reflects traditional dishes from different tribes.

Hominy corn grown by a local farmer is the base for their Ojibwa corn soup, made through a labour-intensive process, while wild rice comes from First Nations people in northwestern Ontario.

Though meats like elk and bison are prepared traditionally, they are farmed, not wild, because the product must be certified and inspected.

Francis says there should be some leniency when it comes to wild food.

"The regulations put in place by the government don't allow us to fully express ourselves," he explained.

Elsewhere in Toronto, NishDish, a cafe focused on Anishinaabe recipes, was slated to open this month in Toronto.

A smattering of colleges also offer indigenous culinary courses.

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'SAPIOSEXUAL'

Intelligent is the new sexy for daters

According to his Tinder profile, Liam Nelson, 26, likes good music and good food. He dislikes bad music and bad food. He also considers himself sapiosexual.

To Nelson, who is straight and works as a recruiter in Toronto, this means not necessarily a woman's IQ but her emotional maturity and open-mindedness. He knows it's entirely subjective.

"It's no different from saying: 'I'm attracted to brunettes.' It's not some sort of strict rule. It's what we know about ourselves in terms of what tends to push our buttons in order to feel attraction," Nelson says.

"Sapiosexual" refers to those "sexually attracted to highly-intelligent people," according to Merriam-Webster. Derived from the Latin for wise, sapiosexuality is technically genderless.

While the concept isn't new, the term has become a common declaration on dating apps.

Because it's 2017, there is, of course, an app for this. Newly-launched Sapio, designed for those "sick of superficial hookup apps," claims to have 50,000 new users in the last month.

"Sapiosexual" was defined as early as 2004 on Urban Dictionary as "one who finds intelligence the most sexually attractive feature."

The definition has been updated several times in the last few years to take on a more cynical tone appropriate for the digital age. From 2016: "For many, defining oneself as sapiosexual is also a statement against the current status quo of hookup culture and superficiality."

Some critics say sapiosexuality is ableist and possibly discriminatory, as intelligence comes in many forms.

"The saying 'smart is sexy' is problematic because you're insinuating (probably subconsciously) that those who aren't 'traditionally' smart are less attractive," wrote one commenter on a Facebook thread. The website Bustle called sapiosexuality "the worst dating trend" because it seems exclusionary.

Lindsay Gonder, 33, says she always swipes left on — ignores — self-proclaimed sapiosexuals. She doesn't like what the label implies: the pressure to perform "being smart" in order to appear attractive to someone else.

She also rejects the idea that intelligence and sex are mutually exclusive. "I can be intelligent and just want to hook up, and it's my decision," Gonder says.

Intelligence is an increasingly desirable trait in a partner, according to what's known as the American mate selection survey.

The most recent analysis, published in 2015 in the Journal of Family Issues, found men ranked "education and intelligence" fourth, up from 11th in 1939. Women ranked intelligence fifth, up from ninth 80 years ago. (Both sexes rank mutual love and attraction first.)

"There's no blanket, universal definition of intelligence," says Florida-based Sapio co-founder Kristin Tynski says.

And self-described sapiosexuals told us the attraction was less about having an advanced degree than someone's perspective or curiosity about the world.

TORSTAR NEWS SERVICE

SUBJECTIVE

- Some individuals are attracted to social or emotional intelligence; others to intelligence based on education or intellect, says Sapio co-founder Kristin Tynski.
- Sapio users are encouraged to answer questions such as "What is the purpose of life?" or "What would your parents be most surprised to learn about you?"

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5	2	4	9	6	1	3	7	8
8	6	9	7	3	5	2	4	1
3	1	7	8	4	2	6	9	5
1	3	2	4	5	6	7	8	9
9	7	5	1	8	3	4	6	2
6	4	8	2	7	9	5	1	3

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Nelly Furtado is as mischievous as ever

Victoria-born Nelly Furtado has a new album, The Ride, coming out at the end of March. CARLOS OSORIO/TORONTO STAR

MUSIC

Restless artist's latest album offers another left turn

Ben Raynor
scene@metronews.ca

Nelly Furtado has an admirable track record of doing whatever Nelly Furtado isn't supposed to be doing at any given moment.

She followed up a multi-platinum 2003 debut album, Whoa, Nelly!, with an earnestly multicultural big-budget folk-pop followup, Folklore, that contained nothing remotely resembling I'm Like a Bird. Then she released Loose, a sexy, au courant Timbaland-produced club record that had some fans worrying about a "sellout," but which would move 12 million copies worldwide on the back of monster singles like Maneater and Promiscuous.

The logical thing for a Portuguese-Canadian gal from Toronto (via Victoria) to do next? A Spanish-language album entitled Mi Plan, of course.

Now, after a five-year hiatus following 2012's The Spirit Indestructible, during which she sought escape from the music industry in pottery, playwriting classes and other art projects, the 38-year-old has teamed up with unlikely producer John Congleton — whose exhaustive resumé includes records by such indie-rock stalwarts as Spoon, the War on Drugs and St. Vincent — for The Ride, out on Friday.

A quirky, groove-oriented lark full of squelched-out basslines, rhythmic and melodic left turns, and even a hint of Krautrock here and there, The Ride is probably not the album you expected Nelly Furtado to make in 2017. But then again, she hasn't really given us much of a pattern upon which to base expectations.

> **I sing the lowest note I've ever recorded on Dreams and the highest note I've ever recorded on a song called Live.**
> Nelly Furtado

"I think I'm mischievous," says Furtado, hanging out at the Palmerston Ave. location of rare-vinyl mecca Cosmos Records, where she sought added inspiration between albums by working shifts behind the counter. "I have a healthy sense of mischief, so I think doing the unexpected satisfies the Puck in me. It's like: 'A-ha! Let's cause some trouble!'

"When people find out who produced (The Ride), it's like: 'Oh, that's interesting? What were they doing in the studio together?' And I love that. I love making people think. I don't like to do the same thing twice . . . I'm always seeking to learn. So I always wondered quietly: 'What would it be like if I teamed up with an alternative producer?' Like, a real, traditional, alternative producer."

Furtado was introduced to Congleton via Annie "St. Vincent" Clark, whom she befriended a few years ago when playing a festival in Japan.

After hearing Congleton's work on 2014's acclaimed St. Vincent, Furtado slyly prevailed upon Clark to pass along his number and rang him up in Texas. And, although she will concede "I think he was suspicious" at first, the two hit it off immediately and decided what the hell, knowing full well they were both taking a bit of a gamble on the project.

"We both had a lot to lose and a lot to gain, you know what I mean?" says Furtado. "We were both taking a risk by working with each other. But when both parties have some skin in the game, you both really want to make it work. You're there for a reason.

"And the reason just emerges. For him, he was hell-bent on me just showing my artistic side. But I had to prove myself to him as an artist first. But I think that's my whole thing: I like to show people what I can do."

Congleton was merciless, but in a good way. Furtado played him everything she'd demoed and "he didn't like any of it."

Eventually, the two realized they shared an enthusiasm for improvisation and the creative floodgates opened, with Congleton throwing random beats around and Furtado unearthing some older songs and finding new life in them.

"All I wanted was a singular-sounding album and I think John provided that," she says.

"As a singer, actually, he also pushed me. I sing the lowest note I've ever recorded on Dreams and the highest note I've ever recorded on a song called Live. Octaves between them. On Live, I was like: 'Really, John, are you sure want the chorus in the higher octave? It's really high. I sound like a whiny wild animal.' And he said: 'Nope, I like it. Because it has urgency. It has urgency and you sound like what you're singing.'

"And I was, like, 'Oh, yeah. You're right.' Really, only a really experienced and talented producer is able to pinpoint something like that."

JOHANNA SCHNELLER **WHAT I'M WATCHING**

Final Girls season is brilliant

THE SHOW: Girls, Season 6, Episode 4 (HBO)
THE MOMENT: Desi's rehab

Marni's (Allison Williams) narcissism is on full display in the final season of Girls. CONTRIBUTED

Desi (Ebon Moss-Bachrach), a musician, is in rehab. With a facilitator present, he confronts his ex-wife, Marnie (Allison Williams). "I've been thinking," Desi begins. He coughs. "Can I have some water?" Slowly, he pours water into a glass. More slowly, he drinks. With the glass half empty, he pauses. He drinks again.

Finally, he speaks. He tells her she made everything worse, and then when he was struggling, she walked away.

"I shut down?" she protests. "I gave up? Do you have any idea how hard this has been for me? I have bruises all over my body from the two-hour massages that I need to deal with the stress of your addiction."

I have loved this series from the beginning, but this final season is b.r.i.l.l.i.a.n.t. Creator Lena Dunham, her writers, cast and crew are killing it in every direction, pushing each moment to its limit.

The criticism that's been levelled repeatedly at this show is that the characters are self-involved — as if Dunham's unaware of that; as if she's not deliberately parsing that behaviour. With this episode, she's throwing down: You think they're narcissists? I'll show you narcissism.

Just watch what Williams does with her body as Desi pours that water. Marnie simultaneously writhes with impatience yet believes that she's being supremely controlled and mature. She's feigning open-mindedness but is clearly just waiting for noises to stop coming out of Desi's mouth so it can be her turn to speak. He's every bit as magnificently monstrous. It's narcissism as pure comedic gold.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

TV AND FILM

Jenkins switches to TV for next project

Moonlight director Barry Jenkins will follow up his Oscar-winning film with a drama series for Amazon based on Colson Whitehead's The Underground Railroad.

Amazon announced Monday that it will develop the TV series, with Jenkins writing and directing the adaptation of the 2016 National Book Award winner. Whitehead's The Underground Railroad is a part-historic, part-surrealistic novel about a slave who escapes on an actual railroad.

"Going back to The Intuitionist, Colson's writing has always defied convention, and The Underground Railroad is no different," said Jenkins in a statement. "It's a groundbreaking work that pays respect to our nation's history while using the form to explore it in a thoughtful and original way."

Jenkins has already been at work on the series, though how many episodes are planned was not announced. He is to write and direct.

Moonlight, which last month won best picture, was Jenkins' second film following 2008's well-regarded but little-seen Medicine for Melancholy. Made for just $1.5 million, Moonlight has grossed more than $56 million worldwide. It also won Academy Awards for Jenkins' screenplay, based on Tarell Alvin McCraney's play, and for Mahershala Ali's supporting performance.

The Underground Railroad will reunite much of the team behind Moonlight. Like that film, it will be produced by Adele Romanski and Brad Pitt's Plan B.

THE ASSOCIATED PRESS

Barry Jenkins' next project? The Underground Railroad. ASSOCIATED PRESS

SPONSORED CONTENT — RBC

A springboard into the work world for young adults

Career Launch program now template for other companies to develop strong internship programs for people under 24

RBC's Career Launch program helps new grads under 24 (such as Karolina Kopylec, centre) quickly build their resume via yearlong, paid internships. CONTRIBUTED

At 23, Karolina Kopylec was struggling to find her feet in the work world. A recent criminology grad from the University of Ottawa, she was working two jobs — one in sales at a gym and the other as a server at night.

"I wasn't sure I wanted to pursue a career in criminology," she says, admitting she chose her major at 16, largely because "at the time I was watching CSI."

Yet, she had no credentials or work experience in other fields. "I felt a little stuck," she says. "Everyone wants three to five years' experience, but how do you get that if you don't have the background?"

That's when Kopylec stumbled on RBC's Career Launch program for college and university grads struggling to make the transition from school to practical, hands-on experience.

"The world of work has changed," says Madeleine Barker, director, development programs at RBC. "Things are moving faster and employers expect new employees to get up and running quickly." And yet, she says, skills learned through post-secondary education often don't easily translate without additional support or mentoring in the work world.

RBC's Career Launch attempts to remedy that through a yearlong paid internship for 100, under 24-year-old, post-secondary grads from across Canada. The bank gets about 1,500 applicants yearly from backgrounds as diverse as accounting and kinesiology. It whittles the numbers down via a lottery.

For Kopylec, who now has a permanent position at RBC, the internship was life changing. "I'm a completely different person from when I started," she says. "I gained confidence and got pushed beyond my comfort zone. But I felt supported in that."

Career Launch is part of RBC Future Launch, Canada's largest corporate commitment to helping prepare young people for the future of work. RBC Future Launch will invite new ways of thinking, working with a wide range of partners and experts to provide equitable access to opportunities and solutions in the world of work for today and into the future.

"But we don't have all answers and we can't do this alone," says Barker.

Hence RBC's most recent initiative: the Launching Careers Playbook. "Heading into our fourth year of the program, we've learned a lot," says Barker. "We want to inspire and enable other employers — from large organizations to small businesses — to offer internships of their own."

Launching Careers Playbook incorporates "everything we've learned through Career Launch" in an online toolbox aimed at helping employers provide a great early-career experience for young adults. Employers can access info on managing and designing successful internship programs, as well as coaching and mentoring young adults.

That's important, says Barker, because ultimately, everyone benefits when young adults are able to unlock their potential.

To learn more, visit rbc.com/futurelaunch.

metro SPORTS

"We're still enjoying it every day": Scott Moir who, along with Tessa Virtue, will look to win a third world ice dance title this week in Helsinki

Sens rally behind goalie

NHL

Anderson has put game in perspective with wife ailing

Craig Anderson's quiet perseverance has spoken volumes for the Ottawa Senators.

The Senators' No. 1 goaltender has missed parts of the season to be with his wife Nicholle as she battles a rare form of throat cancer. Yet through 34 games Anderson is 22-10-0-2, and his ability to remain focused has been an inspiration to his teammates and management.

"The fact he's been able to juggle all that together and keep his cool and keep his performances up to the level is absolutely outstanding and you have to be inspired by that," coach Guy Boucher said Monday after Anderson was voted Ottawa's nominee for the Bill Masterton Trophy, awarded annually to the player who best exemplifies the qualities of perseverance, sportsmanship and dedication.

Nicholle was diagnosed with nasopharyngeal cancer in October. Anderson, with the support of management and teammates, took an extended leave from the Senators in early December to be by his wife's side while she underwent treatment in New York.

He returned to the team Jan. 31 and played his first game in over two months on Feb. 11, posting a 3-0 shutout over the New York Islanders.

Goaltender Craig Anderson and the Senators sit three points behind Brendan Gallagher and the Canadiens in the Atlantic Division.
ADRIAN WYLD/THE CANADIAN PRESS

Being with the team and playing has been a respite for Anderson from the worry and stress the family has gone through this season.

"It's always on the mind, but I feel the three hours we get at the rink is definitely a time to put things aside and exert your energy and frustration out that you might have and just go out there and give everything you can and then when you take off the equipment then you can address real world problems after that," he said.

And the experience has put the game back in perspective for the 35-year-old.

"It makes the game feel like it's just a game again. When you're growing up as a kid the game of hockey is supposed to be fun and enjoyable and I think sometimes that gets lost as you get older and becomes more of a job.

"But at the same time, if you love your job you're going to enjoy it more and you're going to have more success at it so it doesn't change here.

"Sometimes you lose sight of that, but when you go through difficult times away from the rink it makes you realize that it is a game and you are supposed to have fun while you play it and that's kind of how I approached it."

The Senators (41-25-8) will spend the next eight days on the road as they embark on a four-game road trip where they will look to clinch a playoff spot. They sit three points back of Montreal for first in the division and have a five-point lead on the third-place Toronto Maple Leafs. THE CANADIAN PRESS

> **The level of play he's able to achieve this season is able to have us in the position that we're in right now.** Sens GM Pierre Dorion

Canadian clubs make great gains in 2016-17

The embarrassment of an empty Canadian spring in the NHL has been wiped away.

Canadian teams have made huge strides from last season, when all seven squads missed out on the playoffs for the first time since 1970. In fact, five of the seven biggest leaps in points from last season to this season are projected to come from Canadian clubs, with the second-biggest coming out of Edmonton.

Projected point gains from last season (entering Monday's action):

1. Columbus Blue Jackets - 38
2. Edmonton Oilers - 29
3. Toronto Maple Leafs - 25
4. Montreal Canadiens - 20
5. Calgary Flames - 19
6. Minnesota Wild - 17
7. Ottawa Senators - 15

T-10. Winnipeg Jets - 3

T-17. Vancouver Canucks - minus-1

Which teams are due for the biggest dips from last season?

30. Colorado - minus-34
29. Dallas - minus-29
28. Florida - minus-18
27. Los Angeles - minus-17
26. Detroit - minus-13

THE CANADIAN PRESS

100

The Sens are projected to finish with 100 points this season, 15 more than in 2015-16.

SNOWBOARDING

McMorris suffers multiple injuries

An accident on a jump "well within his skill level" in British Columbia's backcountry has left Canadian snowboarding star Mark McMorris with serious injuries.

A medal favourite at next year's Winter Olympics in Pyeongchang, South Korea, McMorris is recovering in a Vancouver hospital from a broken jaw, broken left arm, ruptured spleen, stable pelvic fracture, rib fractures and a collapsed left lung. THE CANADIAN PRESS

Mark McMorris GETTY IMAGES

IN BRIEF

Brown wins national men's slalom title

Toronto's Phil Brown was crowned national men's slalom champion after finishing third in Monday's race at the Canadian skiing championships.

Brown entered the second run with a lead, but made a costly mistake to finish with a total time of two minutes 6.27 seconds.

AJ Ginnis won with a time of 2:05.52 and fellow American Michael Ankeny finished second in 2:06.16. THE CANADIAN PRESS

Hockey Canada downsizing ice surfaces for youngsters

Hockey Canada says it will make it mandatory that children (ages 5-6) getting their introduction to the game play on reduced-size ice surfaces.

"We've coined the phrase, 'Decrease the space, increase the pace.' It does make all players better," said Paul Carson, Hockey Canada's vice-president of membership development.

The mandatory policy will take effect for the 2017-2018 season. THE CANADIAN PRESS

PAY EQUITY

U.S. senators push for end to dispute

Fourteen U.S. senators wrote a letter to USA Hockey's executive director Monday over their concerns about the treatment of the women's national team.

Players have threatened to boycott the upcoming world championships over a wage dispute. The senators, all Democrats, urged David Ogrean to resolve the matter and ensure the team receives "equitable resources." They cited the Ted Stevens Olympic and Amateur Sports Act.

> **These elite athletes indeed deserve fairness and respect.**
> The senators' letter

USA Hockey's board of directors were to meet Monday, and players said Sunday night they hoped there's a deal. THE ASSOCIATED PRESS

MAKE IT TODAY

Fresh Butternut Squash and Black Bean Quesadilla

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We've never met a lunchbox that doesn't love a quesadilla.

Ready in 1 hour
Prep time: 10 minutes
Cook time: 50 minutes
Serves 4

Ingredients
- 5 cups butternut squash, peeled and cubed
- 1/2 tsp cumin
- 1/2 tsp cinnamon
- 1 tsp chili powder
- pinch of salt and pepper
- 1 Tbsp olive oil
- 1 x 14 oz can black beans, rinsed
- 2 cups grated cheddar cheese
- big handful of cilantro, chopped
- 8 tortillas

Directions

1. Preheat the oven to 350 degrees. In a large bowl, toss squash with spices and olive oil until well coated.

2. Spread evenly on baking sheet and place in oven for 20 minutes.

3. Remove from oven and add beans to baking sheet. Give everything a stir and again, spread evenly on the sheet. Place back in oven for 20 minutes.

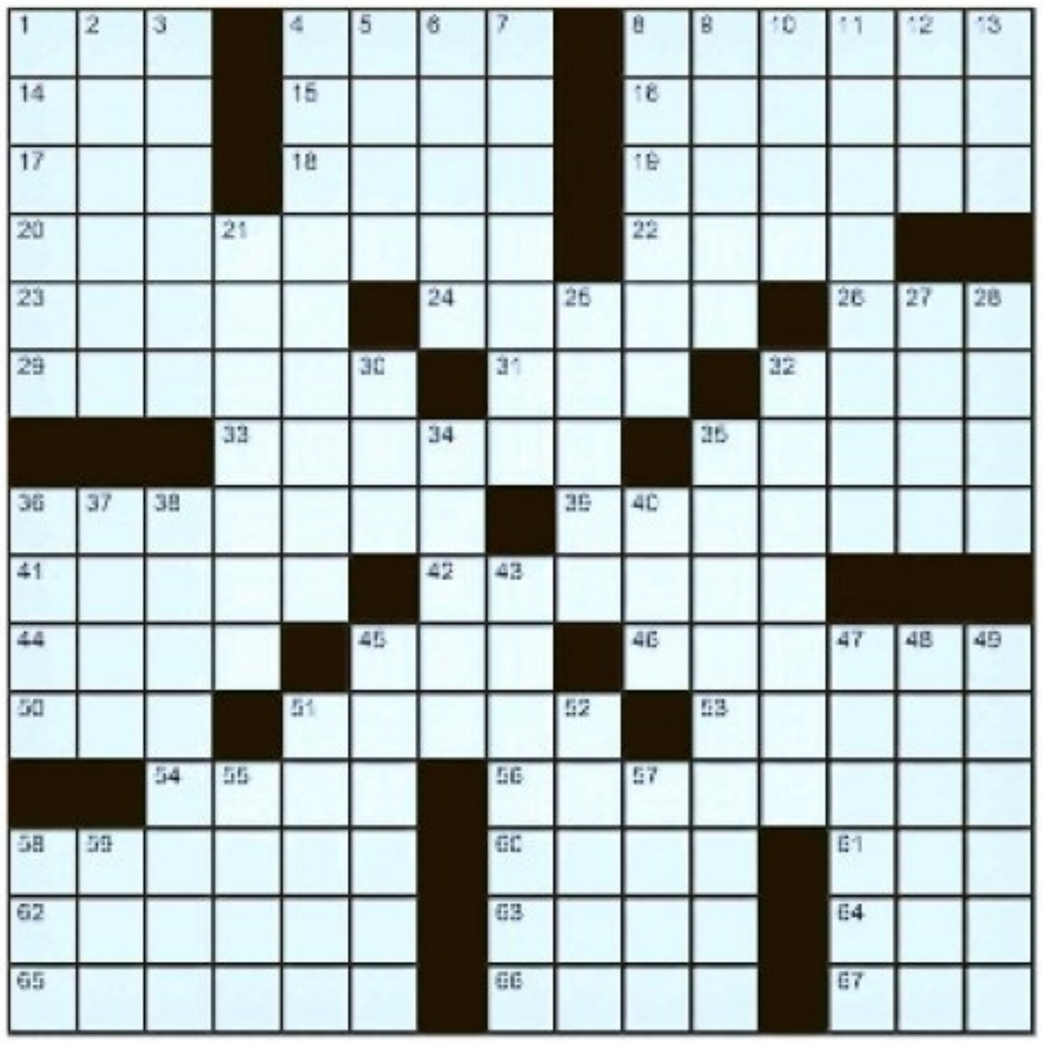
4. Drizzle a bit of oil in skillet over medium heat. Place a tortilla down and spread 1/4 of the squash and bean mixture to the edge of the tortilla. Sprinkle 1/2 cup of grated cheese and then a bit of cilantro. Top with another tortilla. Place a plate on top and press down firmly. Cook about five minutes until tortilla is golden and cheese is beginning to melt. Carefully flip quesadilla over and cook another five minutes on the other side. Repeat with the rest of your tortillas and squash.

5. Cut cooked quesadilla into quarters and serve with guacamole, sour cream and salsa.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "The _ Diary" (2011)
4. Montreal Canadiens, to fans
8. Talkative
14. With _ '_' (How #49-Down's answer begins)
15. Not well-y
16. British actor Hugh of "House"
17. Canuck financial inst.
18. Bob _ (Former anchor on "Entertainment Tonight")
19. Broken, as promises
20. Alberta: Paddle River town northwest of Edmonton
22. Raised flatland
23. Nonpareil
24. Unstable, like a boat in rough waters
26. Dance style
29. Named/designated
31. Weep
32. Canadian contractor Mr. Holmes
33. "That very well may be...": 2 wds.
35. Group ruled by Odin
36. Ohio, The _ State
39. Component
41. "I'm with You" singer Ms. Lavigne
42. From Sea to Sea: 'A Mari Usque _ _' (Canada's motto)
44. No, in Germany
45. Grand _ (Wine classification)
46. Boss, head _
50. Suffix with 'Euclid'
51. Wine holders
53. Fender guitar, familiarly
54. "Star Trek II: The Wrath of _" (1982)
56. Northeastern Alberta town: 2 wds.
58. Soundless
60. Mike's "Wayne's World" (1992) co-star
61. Handheld mobile device [acronym]
62. Exaggerate
63. 'Hypn' suffix
64. "I-i-c-k-y!"
65. Professor's preparation
66. Distribute the divisions
67. Gr. that kidnapped Patty Hearst

DOWN
1. Bunny
2. Not yet fabricated
3. Pier anchorer
4. 'Gateway to the South' town in northern Alberta: 2 wds.
5. Soother-of-skin succulent
6. Lamb's utterance
7. Representatives, such as in business transactions
8. Like handfuls of soil
9. Mr. _ (Schemer on classic sitcom "Green Acres")
10. Diving birds
11. Scholar's essay
12. Pencil part
13. Nevertheless
21. Baking/serving bowl
25. Preamble
27. Similar
28. 2in1 hair care brand
30. Susan of "L.A. Law"
32. Movie of 2000 for Australian actor Guy Pearce in which Vancouver-born actress Carrie-Anne Moss also starred
34. Approaches
35. Division of Canadian firm Bombardier Inc
36. Scourge
37. Iris's place
38. Sounds like walked-upon dry fallen leaves
40. "Well, _-di-dah."
43. Cambridge, for Prince William
45. Uri, for William Tell
47. "Sheesh!"
48. Baroque composer of the oratorio Messiah
49. ByWard Market city
51. _-_ attitude (Positive person's asset)
52. Writing tablet
55. His 'n' _
57. Work with needles and yarn
58. Pine-_ (Cleansing product)
59. "You're All _ Got Tonight" by The Cars

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Put a lid on things today, because it's easy to get out of control since you are more emotional than usual. In fact, you are intense and a bit over the top! Easy does it.

Taurus April 21 - May 21
Today you might do a slow boil about something behind the scenes, because you are quietly annoyed. The problem is that you cannot speak up. This is always frustrating.

Gemini May 22 - June 21
Be patient with a friend today, or with someone who is a member of a group to which you belong. There's no point in fighting with someone. What's the upside?

Cancer June 22 - July 23
You are high-viz today and extremely focused on something related to bosses, parents or some kind of authority figure. Don't get carried away.

Leo July 24 - Aug. 23
Avoid subjects like politics, religion and racial issues today, because these are too touchy. Your response to others will be too emotional.

Virgo Aug. 24 - Sept. 23
Disputes about shared property, inheritances, wills and insurance issues might arise today. If so, you will have strong feelings about something. Just remember your objectives.

Libra Sept. 24 - Oct. 23
You will have to go more than halfway to get along with others today. Just accept this and be cooperative. Make your life easier.

Scorpio Oct. 24 - Nov. 22
Avoid arguments with co-workers today, because people are opinionated and pushy. Save your bright suggestions for another day. You'll be glad you did.

Sagittarius Nov. 23 - Dec. 21
Parents might be challenged by hissy fits and meltdowns from their kids today. Be patient and loving. Likewise, romantic partners will have to be easygoing in order to avoid fights.

Capricorn Dec. 22 - Jan. 20
Your desire to make some improvements at home could be met with resistance. Don't be too pushy. In time, you will get your way. If you push too hard today, you only will increase opposition.

Aquarius Jan. 21 - Feb. 19
Today you are more emotional than usual, especially during your discussions with siblings and relatives. Try not to let your feelings get in the way of your common sense.

Pisces Feb. 20 - March 20
If shopping today, you will be obsessed with buying something: "I have to have it!" Be careful. Don't do anything you will regret later.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			2		1		6	
	2							8
		1		9		4		
8			9		4			1
		6		5		7		
1			8		3			2
		9		2		3		
3							4	
	7		4		6			

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